

## **Steps to provide early help family support**

### **First Step – Talking with you**

They ask what is going well, are there any problems and what extra support you and your family think might help. This is done in a single session so you don't have to repeat your story to lots of different people.

You and your family will agree what is included in the assessment and you will be given a copy. Older children may feel able to discuss their situation on their own with the practitioner. A young person's wish to keep information confidential from parents may be respected by the practitioner, where this is in the young person's best interests and welfare.

You can speak to your lead practitioner at any time about any concerns or issues you or your family are experiencing.

### **Second Step - The Plan**

This involves a meeting with you, your lead practitioner and other services who could help your family. This is called a Team around the Family (TAF) meeting. At this meeting, there will be a discussion about the support you need and a family action plan will be agreed.

There may be times when you or your children are asked to do something as part of the action plan.

The aim of the meeting is to get the best support for you and your family. Your lead practitioner will make sure that everyone in your TAF does what they say they will to support you.

### **Third Step - The Review**

Everyone come's together to see how well the plan is working, if anything needs to change or if there are any extra practical help you may need.

When you, your family and your TAF feel you no longer need extra support, you can agree that the family action plan is complete and the meetings are no longer needed. At this stage the TAF close the contact, though you and your child(ren) can still be in regular contact with professionals to make sure that you continue to do well.