

Ings News

Ings Summer Gala

The sun shone, the pirates came out to play and great fun was had by all.

After the disappointment of having to cancel the event last summer due to the weather, we were pleased to see one of the highest attendance levels yet at this year's event. It was great to see families of all ages, with their picnics, able to enjoy and take part in a wide range of activities, many of which were pirate themed.

Once again, thanks to funding through the Healthy Holidays Programme, we were able to offer free healthy pack lunches to local children.

The pirate ship created by Scrapstore and local residents is currently on display in Ings Library.

The event couldn't have been possible without the support of so many local groups and partners who are an important part of the Ings community, and gave their time to be part of the event to showcase the opportunities available locally.

Did you attend the gala? If so, we would love to hear what you thought of the day. Is there anything you would like to see in the future? Is the event taking place on a Saturday the best day for you? Please share your thoughts with us either by contacting us by email

east.areacommittee@hullcc.gov.uk or call (01482) 613 140.

As part of the Ings Gala, the new beach themed toddler playground in the Ings playground was officially declared open by the ward councillors, supported by pirates, volunteers and local families.



Your local councillors

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Ings ward priorities 2023-2028

You may recall that in the spring 2024 edition of the Ings News we told you about the community conference that we were organising at Wilberforce College. Thanks to the residents who attended the event, we now have a three (soon to be four) priorities that form part of a ward plan.

These priorities are:

Priority 1 - To have and support a healthy population

Priority 2 - To improve community safety and wellbeing

Priority 3 - To improve the cleanliness of local environment

And, as a result of discussions with residents in attendance, we have agreed a fourth priority

Priority 4 – To improve pedestrian and road user safety



We are keen to engage with residents and partners to deliver on these priorities, which also form part of a wider East Area Plan and do so through a number of events and opportunities throughout the year. These may be the fun events such as galas, make your own hanging baskets or wreaths, or maybe through the neighbourhood drop-in sessions on the last Wednesday of the month in Ings Library. It may be through discussions on patch walks that are regularly carried out in the ward, or perhaps you are a Street Champion?

You can see the current version of the ward plan online by visiting www.hullcc.gov.uk and typing Ings Ward Plan into the search area. Alternatively, you can call us and ask for a copy to be sent to you in the post. Please call (01482) 613 140 to make your request.

In this and future editions of the Ings News, we would like to share with you some of the events and activities delivered in the local community by community partners, that are helping improve the lives of our residents.

We are planning an event to bring the community together again to reflect on the projects delivered to meet these priorities and look forward to 2025-26 in the spring of 2025. More details will be announced in the spring edition of the Ings News.

Christmas wreath making sessions

You may remember us inviting you to register your interest for this year's Christmas wreath making sessions in the summer edition of the Ings News. This year, to allow our multi-storey residents to get involved, we will have a limited number of places for making your own table decorations too. We have just a few places available for each craft. These sessions will take place at Ings Library on

Saturday 23 and Wednesday 27 November in the morning. To check availability or to book please contact us on east.areacommittee@hullcc.gov.uk or call (01482) 613 140. **Important!** Please leave your name address and telephone number in the message as there are sessions taking place for residents in neighbouring wards around the same time.



Community safety event: Tuesday 29 October 3 - 5pm Ings Library

Around this time of year, we see an increase in calls for service to the police and fire service relating to anti-social behaviour and arson in our local community. On Tuesday 29 October, we are pleased to announce that representatives from Humberside Police and Humberside Fire and Rescue Service will join Hull City Council neighbourhood nuisance officers and waste management officers and other local partners will be joining us for a drop in event at Ings Library. This will give you an opportunity to seek advice and speak to representatives in confidence about matters that affect you, your family or your local community.

Ings Library Community Hub

We are pleased to announce that representatives from our customer service team will be in Ings Library on a Tuesday afternoon between 2 - 4.30pm. They can provide advice on a wide range of issues including fuel and energy, housing, money and debt and much more beside. This is a drop-in session and appointments are not needed.

Neighbourhood drop-in's

The team will be continuing with the programme of drop-in sessions at Ings Library on the last Wednesday of the month. This is your opportunity to pop along and discuss any issues that are important to you and your neighbours about the area that you live in. Whilst we may not be able to answer all of your questions there and then, we will pass any queries that we cannot answer on to other Council departments or partner agencies. Sessions take place between 12noon - 1pm in the main foyer in the library. Please note that due to Christmas closures, the December session will take place on Wednesday 11 December, 12noon - 1pm.

You can also contact the team by email east.areacommittee@hullcc.gov.uk

Could you open your heart and home to fostering?

For our local children to thrive and grow into healthy, resilient adults, they first need stable, nurturing homes filled with love and support. Sadly, with hundreds of children in Hull requiring foster families to provide this safe, nurturing environment, Hull Fostering are in need of many more people to come forward to become foster carers. Whether for a few days or several years, foster carers provide the life changing love and support. Fostering isn't a one-size-fits-all commitment. There are many types of fostering, each with its own unique role in supporting children and young people.

What's most important for fostering is not having the perfect home but having a loving heart. Support is available throughout your journey from initial contact, including extensive training and ongoing support thereafter.

If you have room in your heart and your home, consider becoming a foster carer today.

For more information, visit www.HullFostering.co.uk call 01482 612 800 or email fostering@hullcc.gov.uk to learn more about how you can change a child's life for the better.



Activities to improve the health and wellbeing of residents: Tai Chi

Firstly, we would like to share with you information about a session held at St. Marks Church Hall that can help people to improve their emotional and physical health, Tai Chi.

Steve runs a friendly session, attended by mainly over 50's at the church all on a Wednesday afternoon between 1.30 - 3.30pm.

We visited early September and were given a warm welcome by Steve and his regular members of the group.

Steve and his members report that Tai Chi is good for improving balance and coordination, builds muscle strength and stamina, increase circulation and can help to improve mental wellbeing too.

Sessions are £5.00 for two hours. If you want to know more about the sessions, please contact Steve on 07496 345 050 or by email stephenmoore822@yahoo.com



Do you run activities that help to improve the health and wellbeing of residents within the Ings ward? If so, please get in touch and we may spotlight your activity in the spring edition of the newsletter.

Hull Maritime Project

This summer some of our residents have got involved with the Hull Maritime project through a series of workshops at Ings Library focussing on nature and the environment. Session 1 was all about Living with Water and the impact of water be it shortages or floods on local communities. Session 2 followed on from that and looked at the impact of our changing climate on bird life. The residents also made bird feeders from apples and sunflower seeds. The programme will end in October when the group visits Spurn Point and take part in a Unimog safari.

Our partnership with Hull Maritime wont end there. In 2025 an exciting new project will be developed around the South Blockhouse for residents to get involved in.



Ings health and wellbeing event – Saturday 25 January 2025 10am - 12noon

Many people like to make new year resolutions, maybe to lose weight, drink less alcohol, stop smoking, join a gym perhaps?

All these goals are set with the best intentions, but how often do you start to wane by the middle of January? How would you like a little bit of help?

Along with with local health and wellbeing services we will be holding an event at Ings Library to help you along on your way to achieving those goals.

More details will be available nearer the time, but if you would like to join our mailing list so that we can share regular updates with you about this event, please get in touch at east.areacommittee@hullcc.gov.uk We will also make information available through Ings ward notice boards, social media pages and in Ings Library itself.

Those who attend the event will be invited to take part in a free prize draw.



Stop press.... Autumn Crafts Session in Ings Library during October half term. More details will be available from the library or visit <https://www.hulllibraries.co.uk/local-library/ings-library>

Dates for your diaries 2024/2025 see news items for more details		
Tuesday 29 October	Community safety event	Ings Library
Wednesday 30 October	Neighbourhood drop-ins	Ings Library
Saturday 23 November	Christmas wreath making	Ings Library
Wednesday 27 November	Christmas wreath making	Ings Library
Wednesday 27 November	Neighbourhood drop-ins	Ings Library
Wednesday 11 December	Neighbourhood drop-ins	Ings Library
Saturday 25 January 2025	Health and wellbeing event	Ings Library
TBC March 2025	Ings/Sutton/Longhill and Bilton Grange resident conference	To be confirmed in the spring edition of Ings News

This document can be made available in other formats (large print, audio and Braille) and community languages. Please telephone (01482) 300 300.

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