



## **Parenting Courses 2025**

Here are some useful links with further information:

To request a place on a course please complete the online form at CYP Hub (hullcc.gov.uk)

To find your local Family Hub visit: Home - Family Hubs (familyhubshull.org.uk)

KIDS Special Educational Needs and Disabilities Information Advice and Support Service, for more information on KIDS Hull services and how to refer

please visit: KIDS Hull initial contact form & service checker

Access more information on our Online Parenting Guides by visiting: <a href="https://example.com/html/>
Home - Family Hubs (familyhubshull.org.uk)">https://example.com/html/>
Hubs (familyhubshull.org.uk)</a>

Pop up Parenting sessions are available as and when required, please contact your local Family Hub for more information.

Month	Course	Day	Start Date	Time	Duration	Venue
January	Neurodiversity course	Monday	13/01/25	09:30 to 11:30	12 Weeks	Marfleet Family Hub
January	Learning about children's behaviour	Monday	13/01/25	12:00 to 2:30	12 Weeks	Marfleet Family Hub
January	Incredible Years	Tuesday	14/01/25	09:30 to 12:00	14 weeks	Ainthorpe Primary School
January	Family Links Nurturing	Tuesday	14/01/25	09:30 to 11:30	11 Weeks	Parks Family Hub
January	Managing children's behaviour	Tuesday	14/01/25	9:30-11:30	12 Weeks	Rainbow Family Hub
January	Neurodiversity course	Tuesday	14/01/25	12:30-2:30	12 Weeks	Rainbow Family Hub
January	Henry 0 – 5	Wednesday	15/01/25	09:30 – 11:30	8 Weeks	Lemon Tree Family Hub
January	Henry Growing Up 5 to 11	Thursday	23/01/25	09:30 to 11:30	8 Weeks	Lemon Tree Family Hub
January	Henry Growing Up 5 to 11	Thursday	16/01/25	10:00 to 12:00	8 Weeks	Little Stars Family Hub
January	Eating and sensory workshop	Monday	20/01/25	18:00 to 19:00	2 Weeks	Online via Microsoft Teams
January	Incredible Years Baby	Monday	20/01/25	11:00 – 12:30	11 Weeks	Fenchurch Family Hub





January	GroBrain Toddler	Thursday	23/01/25	10:00 to 11:30	5 Weeks	Priory Family Hub
January	Solihull Online 11 - 19	Wednesday	29/01/25	18:00 to 19:00	7 Weeks	Online Course
January	Strengthening Families Strengthening Communities	Thursday	30/01/25	10:00 to 14:00	18 Weeks	Fenchurch Family Hub
February	Strengthening Families Strengthening Communities	Thursday	11/02/25	10:00 to 14:00	18 Weeks	ASDA
February	Eating and sensory workshop	Tuesday	25/02/25 & 11/03/25	1:00 to 2:30	2 Weeks	Parks Family Hub
February	Family Links Nurturing	Tuesday	25/02/25	09:30 to 11:30	10 weeks	Marfleet Family Hub
February	Incredible Years	Thursday	27/02/25		14 Weeks	Acorns Family Hub
March	Family Links Nurturing	Tuesday	04/03/25	09:30 to 11:30	10 Weeks	Marfleet Family Hub
March	Eating and Sensory Workshop	Monday	10/03/25	10:00 to 11:00	2 Weeks	Online via Microsoft Teams
March	Incredible Years	Friday	14/03/25	9.30 to 12:00	14 weeks	Gipsyville Library
April	Strengthening Families Strengthening Communities	Wednesday	23/04/25	10:00 to 14:00	14 Weeks	Brunswick House
April	Neurodiversity (managing children's behaviour)	Monday	28/04/25	9:30 to 11:30	8 Weeks creche available	Marfleet Family Hub
April	Learning about children's behaviour	Monday	28/04/25	12:30 to 2:30	8 Weeks creche available	Marfleet Family Hub
April	Family Links Nurturing	Wednesday	30/04/25		10 Weeks	Acorns Family Hub





April	Neurodiversity course	Tuesday	29/04/25		5 Weeks	Rainbow Family Hub
April	Family Links Nurturing	Wednesday	30/04/25	10:00 to 12:00	11 Weeks	Gipsyville Library
May	Henry 0-5	Wednesday	07/05/25	12:45 -2:45	8 Weeks	Parks Family Hub
June	Solihull Online	Thursday	05/06/25	10:00 to 11:30	6 Weeks	Online
September	Strengthening Families Strengthening Communities	Tuesday	16/09/25	10:00 to 14:00	13 Weeks	ASDA
September	Strengthening Families Strengthening Communities	Wednesday	17/09/25	10:00 to 14:00	14 Weeks	Brunswick House
September	Family Links Nurturing	TBC			10 Weeks	Marfleet Family Hub
September	Family Links Nurturing	Tuesday	23/09/25	9:15 – 11:15am	10 Weeks	Parks Family Hub
September	Incredible Years	Wednesday	24/09/25	9:30 – 12:00pm	14 Weeks	Parks Family Hub
September	Solihull Face to Face	Monday	29/09/25	10:30 to 12:30	11 Weeks	Brunswick House
October	Neurodiversity course	TBC			12 Weeks	Marfleet Family Hub
October	Solihull Online	Wednesday	1/10/25	18:00 – 19:00	7 Weeks	Online

## **Venue Addresses**

Acorns Family Hub - Nestor Grove, HU9 4DB

Ainthorpe Primary School – Ainthorpe Grove, Hull HU5 5EB

Brunswick House - Strand Cl, Hull HU2 9DB

ASDA - Mount Pleasant, HU9 2BN

Gipsyville Library – 728-730 Hessle Rd, Hull HU4 6JA

**Lemon Tree Family Hub –** 2 Lothian Way, HU7 5DD

Little Stars Family Hub – 95 Preston Road, HU9 3QB

Marfleet Family Hub - Preston Rd, Hull HU9 5AN





Fenchurch Family Hub – Fenchurch Street, HU5 1JF

Parks Family Hub – Courtway Road, HU6 9TA

Priory Family Hub – Priory Road, HU5Rainbow Family Hub – Wheeler St, Hull HU3 5QE